

Miami Valley Hospital South  
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(937) 293-1622

## COMMONLY USED ORAL MEDICATIONS FOR ERECTILE DYSFUNCTION

### Medication options:

- **Viagra**
  - o Available in 25mg, 50mg, and 100mg tablets
    - Average cost per pill ~\$70
  - o Take 1 hour prior to sexual activity on an empty stomach, may be effective for up to 4-5 hours
- **Sildenafil (generic Viagra)**
  - o Available in 20mg and 100mg tablets
    - Cost per pill through Dayton Physicians Pharmacy \$0.50-1.00/pill
      - \*\*If taking the 20mg tablets you can take 1-5 tablets as need prior to sexual activity with **NO** subsequent doses on the same day.\*\*
  - o Take 1 hour prior to sexual activity on an empty stomach, may be effective for up to 4-5 hours
- **Cialis**
  - o Available in 5mg, 10mg, and 20mg tablets
    - Average cost per pill ~\$15-75 (cost varies depending on dosage).
      - Take at least 1 hour prior to sexual activity, may be effective for up to 36 hours.
        - o The 5mg tablets can be taken on a daily basis, if approved by your healthcare provider.
- **Tadalafil (generic Cialis)**
  - o Available in 5mg, 10mg, and 20mg tablets
    - Cost per pill through Dayton Physicians Pharmacy ~\$2/pill
      - Take at least 1 hour prior to sexual activity, may be effective for up to 36 hours.
        - o The 5mg tablets can be taken on a daily basis, if approved by your healthcare provider.

### Common side effects:

- Headache
- Flushing of the face/skin
- Ringing of the ears
- Upset stomach
- Heartburn
- Runny nose

**-Continue to opposite side for additional important safety information-**

### Serious side effects:

- Hearing loss, often one sided and temporary.
- Dangerously low blood pressure.
- Stroke or heart attack.
- An erection that last greater than 4 hours.
  - o This requires a trip to the emergency room for further evaluation/treatment.

**\*\*If you develop any serious side effects, please discontinue the use of the medication immediately and contact your healthcare provider for further evaluation.\*\*\***

### Important safety information:

- You should no longer use any of the above medication if you use/have been prescribed any form of a nitrate (such as nitroglycerin). This combination could cause a deadly drop in your blood pressure.
  - o If you develop chest pain within 48hrs of taking any of the above listed medication, you **MUST** tell your healthcare provider, prior to any form of medical treatment.
- Please be sure to talk with your healthcare provider about any cardiac conditions prior to starting medication for erectile dysfunction.

**Additional medical management options- should be discussed with your healthcare provider.**

Please do not hesitate to contact our office with questions or concerns.

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